

# LEARN TO KAYAK



**June 5-10, 2023**

## **Clark Center Park/Oak Ridge, TN**

Instructions in basic whitewater paddling, stroke technique, river maneuvers, equipment, water safety, and the Eskimo roll. 6:00 pm 'til dark during the week, plus a river trip on Saturday

Instruction Fee: \$75 for adults, \$60 for students

## **East Tennessee Whitewater Club**

Class size limited/Pre-registration required

You can find more information about the clinic, register, and pay online at

<http://etwcweb.com/summer-clinic/>

For more information, call/text Rick Zingg, 865-312-2623 or email [zinggds@gmail.com](mailto:zinggds@gmail.com)

(Please include ETWC Clinic in the subject line)

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If you prefer to register by mail, print and send this form with a check(s) for the clinic and optional equipment fees (payable to East Tennessee Whitewater Club) to

Rick Zingg, 701 Lago Circle, Knoxville, TN 37922

Pre-registration forms must be received by May 30, 2023

### ***KAYAK CLINIC REGISTRATION FORM***

Minimum age is 12. Children under 16 must be accompanied by an adult.

Please Print

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

List any boating whitewater experience you have \_\_\_\_\_

Do you need equipment? (Circle)    Yes    No  
Registrant Age (Circle)                Adult    Student  
Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Gender (Circle) Male    Female  
Emergency Contact \_\_\_\_\_ Contact Phone \_\_\_\_\_

# EAST TENNESSEE WHITEWATER CLUB BEGINNER KAYAK CLINIC

## COURSE DESCRIPTION

The East Tennessee Whitewater Club offers an intensive, one-week course for beginner kayakers. The purpose of the clinic is to teach basic whitewater techniques and safety. Whitewater experience is not required but individuals should be comfortable in water and able to swim.

**DATES:** Monday, June 5 through Saturday, June 10, 2023

### **HOURS, MEETING PLACES, AND ACTIVITIES:**

**MONDAY:** 6:00 P.M. until 8:00 P.M.

Clarke Center Pavilion Clarke Center (Carbide) Park, Oak Ridge, TN  
Registration, whitewater orientation, introduction to boats and gear.

**IMPORTANT: Bring boats and equipment for fitting, adjustments, and inspection.**

**TUESDAY and WEDNESDAY:** 6:00 P.M. until dark

Clark Center (Carbide) Park swimming area.

Individual in-the-water instruction on kayaking techniques, including paddling strokes, Eskimo rescues and Eskimo rolls.

**THURSDAY:** 6:00 P.M. until dark

Meet at the Civic Center or Kroger's parking lot for trip to Nemo Bridge on the Emory River (water level-permitting) for introduction to moving water.

**SATURDAY:** River trip location, meeting place and time to be announced.

Supervised trip on local whitewater river and party afterwards.



**FEES:** The cost of the clinic is \$75 adult/\$60 student (includes 6-month club membership).

**EQUIPMENT:** Each student is responsible for furnishing all of their own equipment. Required equipment includes kayak with flotation, spray skirt, life vest, paddle, and helmet. Nose clips are recommended. Some equipment may be available from the club on a first-come basis with a \$20 use fee and a \$40 deposit. Note: If you are not registering on-line, please write a separate check for the deposit so it may be returned to you after the equipment is returned.

**REGISTRATION:** Pre-registration required, class size limited. Register online at <http://etwcweb.com/summer-clinic/>

For further information: Call/text Rick Zingg, 865-312-2623 or e-mail: [zinggds@gmail.com](mailto:zinggds@gmail.com) (Please include ETWC Clinic in the subject line)

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## RELEASE AND WAIVER OF LIABILITY

I, \_\_\_\_\_, desiring to join my fellow paddlers in the East Tennessee Whitewater Club (ETWC), do hereby declare that I fully understand and accept the following facts of life on the river:

1. Canoeing, kayaking, or rafting, particularly on whitewater rivers, exposes the participants to various safety hazards, including but not limited to, water hazards (boulders, undercut rocks, trees, strainers, water formations such as water falls, holes, keepers, hydraulics, and other obstacles), swimming in turbulent water, using paddling equipment, accidents or illness in remote places without medical facilities, and travel in a vehicle not driven by me.
2. No one but I am responsible for my safety when I choose to paddle a particular river or a particular rapid.
3. I further understand that I have no legal duty to assist others, nor does anyone else have a legal duty to render such assistance to me. I certify that I am in good physical condition, that I can swim, and that I have no physical defects or injuries that would prevent me from participating in this activity. I fully understand and agree that, when I participate in canoeing, kayaking, or rafting, there is always the possibility of unknown, uncontrollable dangers and accidental or other physical injury and death. I know I can be killed, and I willingly assume the risks referred to in Paragraph 1 and elsewhere in this release.

Therefore, in consideration for granting me the right to join and participate in ETWC activities, and intending to be legally bound, I hereby release, waive and discharge my right to sue ETWC, its trip coordinators, instructors, leaders, officers, directors, representatives, agents, employees, and affiliates, and also any landowner or governmental unit which may allow ETWC to use its property, for any and all loss or damage on account of injury to my person or property or on account of my death, which may occur during, in preparation for, or in transit to or from an ETWC activity.

I further understand that ETWC carries no insurance for the protection of participants in whitewater activities, and any insurance coverage existing with respect to ETWC shall not alter the terms of this waiver nor impose any liability on ETWC. This waiver applies only to acts or omissions of ordinary negligence and to any deliberate act intended to promote my safety or well being.

This waiver is signed by me in the interest of permitting ETWC to exist and to serve the paddling community, and to enable me and my fellow paddlers to feel free to donate their services to improving the sport and to help in training those less skilled in the sport without fear of liability.

I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND I SIGN IT OF MY OWN FREE WILL.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Parent or guardian if participant is under 18 years of age)