



May, 2010

Our Aims

PROMOTE canoeing and kayaking as a water sport
TEACH boating techniques and water safety for river travel
PRESERVE our remaining wilderness rivers for future generations

No presentation, the final clinic planning meeting.

The Craft Room

Oak Ridge Civic Center

**Tuesday
May 18, 2010
7:30 pm**

East Tennessee Whitewater Club
Post Office Box 5774
Oak Ridge, TN 37831-5774

-OFFICERS FOR 2010-

President	Ariana Beste	865-228-3819	bestea@ornl.gov
Vice President	Tom Lessick	865-376-2132	thomaslessick@comcast.net
Secretary	Katherine Gonzales	607-341-2931	kgonzo21@hotmail.com
Treasurer	Kary Scarborough	865-483-7525	Fcscarbo@bechtel.com
Newsletter	Derrick Zingg	865-675-4184	zinggds@gmail.com
Trip Planner	Jason Darby	865-803-1899	wepaddle@bellsouth.net
Membership	Bill Wilder	865-483-1542	w_wilder08@comcast.net
Conservation	John Wisinger	865-851-9087	john.wisinger@gmail.com
Safety	David Fox	865-483-5914	oakridgefox@aol.com
Kayak Clinic	Kathy Evans	865-482-0557	evanskl@comcast.net
Webmaster	Woody Austin	865-483-3049	rapidsnow@gmail.com

!!!! Renew Your Club Membership Now !!!!

East Tennessee Whitewater Club Membership Renewal for 2010

Dues are \$15 per year for family membership. Our dues year is the calendar year, Jan 1 to Dec 31. Please renew early in the year.

Send the membership form on the back of the newsletter with a check (payable to ETWC) to:
ETWC P.O. Box 5774 Oak Ridge, TN 37831-5774

NEWSLETTER DEADLINE – 7TH OF EACH MONTH

Newsletter Editor: Derrick Zingg

Phone: 865-675-4184 Email: zinggds@gmail.com

Photos in jpeg, gif, or bmp format.

Reports and Classifieds as a Word or Text File Document.

Newsletter is available in PDF Format-contact the editor for information.

Check out our website at <http://www.etwcweb.com>

River Gauges by Telephone

(800) 261-5033 – **Big South Fork**

(800) 899-4435 – **Big Pigeon**

(800) 232-7238 – **Chattooga River**

(800) 829-5253 – **Green River**

(900) 288-8732 – **Tellico and Little River
theSmokies***

(865) 632-2264 – **TVA Lake and Rivers Gauge
(Knoxville)**

(865) 751-2264 - **TVA Lake and Rivers Gauge
(Chattanooga)**

(800) 238-2264 - **TVA Lake and Rivers Gauge
(Out of Town)**

*NOTE: For this call there is a \$2.00 charge that helps support the continued operation of the gauges.

Spread the word about the upcoming clinic! A Registration form is attach to this newsletter, feel free to post copies at work or other places where interested parties might lurk.

April Club Meeting

The May Club meeting will be the final meeting dedicated to planning the annual ETWC Whitewater Clinic which is scheduled to be held June 7-12. If you plan donate equipment to the cause, participate as an instructor or safety boater, or are an interested new member trying to determine what role you might play in this annual event, please plan to attend this meeting.

Winter/Spring Roll Practice

The final winter (indoor) roll practice is May 14. After May 14, roll practice will be at Clarkc Center Park, Friday evenings after work.

May 14 Kary Scarborough

Discovery Fest Mini-Clinic

ETWC participated in the 10th Annual Discovery Fest which was held in Wartburg on April 17, 2010. This festival is a holdover from the Tennessee Paddle Fest for the Obed which was started by local paddling clubs. It is now sponsored by the Morgan County Chamber of Commerce and other groups to highlight the area's outdoor activities, music and crafts.

ETWC has been a part of Discovery Fest since its beginning, putting on a free mini kayaking clinic to show our appreciation to the area and give locals a chance to participate. Our clinic this year went very well, thanks to a lot of volunteers bringing boats and gear and helping to teach. Those helping were Ariana Beste, Jason Darby, David Fox, Patrick Geoghegan, Josh Gollither, Kayla Hutchison, Billy Bob and Kary Scarborough, Ken Schneider and Rick Zingg. We also had help from Griffy Shipley and his dad, Greg. There were nine students, five beginners and four from roll practice who came to learn some paddling technique. Students were Craig and Gillian Davis, Davy and Blake Hall, Justin Medlen, Mari-Kay Monday, Shawn Remington, Alvaro Vasquez, and Greg Williams. Several students pre-registered through the Discovery Fest web site. We've wanted some way to pre-register in the past and were glad to have this set up. It gave us a better idea of how many students to prepare for.

It was cold with a threat of rain in the morning but cleared off nicely with sunshine in the afternoon. The Emory River was running around 420 cfs which was a good level for working at Nemo. We got an early start with almost everyone going on to Nemo and outfitting the students while Fox and I waited at Wartburg until the registration deadline was over. At noon we handed out some granola bars and water and Ariana welcomed everyone and gave them a brief outline of the day. She also did an excellent job with the paper river presenting river reading, safety and trip organization. I spent some time on land going over basics and wet exits before we let them paddle down to the quiet "pool" downstream of the bridge. Since it was so cold we opted to do wet exits last and had the students work on strokes without their spray skirts attached. It finally came time to do the dreaded cold wet exits which weren't so bad after

all—if you had a drysuit on. We then paddled upstream above the bridge to practice ferries, peel outs, and eddy turns in the current.

Everyone really worked hard on the river and were looking so good that we gave them the option of running Nemo Rapid as a graduation reward. Most everyone headed down to Nemo to scout and watch some instructors run the rapid. All the students who had scouted opted to run the rapid. We had a few swims and then those who swam the first time ran it again clean. What a great end to the day.

I was really proud of our students and club volunteers and hope everyone enjoyed the day as much as I did.

Kary Scarborough

Upcoming Events

- | | |
|------------------|---|
| May 15 | Obed River Cleanup Day. Meet at the Obed Visitors Center at 9:00 AM EDT. |
| June 7-12 | The Annual ETWC Whitewater Clinic. |
| June 26 | Boating Day for Persons with Special Needs. Life Development Center @ Haw Ridge. More details will be forthcoming. |

**EAST TENNESSEE WHITEWATER CLUB
MEMBERSHIP & RENEWAL FORM**

Dues: \$15.00 Yearly Family Membership (*January 1 renewal date*)
Send to: East Tennessee Whitewater Club, P.O. Box 5774, Oak Ridge, TN 37831-5774

Name(s) _____

Address _____

_____ Zip _____

Phone: (H) _____ (W) _____ Email _____

I would like to receive my newsletter by email. (circle) Yes No

Membership Status? (circle) New Renewal

What boats do you paddle? (circle) Kayak C-1 C-2 Solo Canoe Tandem Canoe Other

What is your paddling ability? (circle) Beginner Intermediate Advanced Expert
Class I-II Class III Class IV Class V

RELEASE AND WAIVER OF LIABILITY

I, _____, desiring to join my fellow paddlers in the East Tennessee Whitewater Club (ETWC), do hereby declare that I fully understand and accept the following facts of life on the river:

1. Canoeing, kayaking, or rafting, particularly on whitewater rivers, exposes the participants to various safety hazards, including but not limited to, water hazards (boulders, undercut rocks, trees, strainers, water formations such as water falls, holes, keepers, hydraulics, and other obstacles), swimming in turbulent water, using paddling equipment, accidents or illness in remote places without medical facilities, and travel in a vehicle not driven by me.

2. No one but I am responsible for my safety when I choose to paddle a particular river or a particular rapid.

3. I further understand that I have no legal duty to assist others, nor does anyone else have a legal duty to render such assistance to me. I certify that I am in good physical condition, that I can swim, and that I have no physical defects or injuries that would prevent me from participating in this activity. I fully understand and agree that, when I participate in canoeing, kayaking, or rafting, there is always the possibility of unknown, uncontrollable dangers and accidental or other physical injury and death. I know I can be killed, and I willingly assume the risks referred to in Paragraph 1 and elsewhere in this release.

Therefore, in consideration for granting me the right to join and participate in ETWC activities, and intending to be legally bound, I hereby release, waive and discharge my right to sue ETWC, its trip coordinators, instructors, leaders, officers, directors, representatives, agents, employees, and affiliates, and also any landowner or governmental unit which may allow ETWC to use its property, for any and all loss or damage on account of injury to my person or property or on account of my death, which may occur during, in preparation for, or in transit to or from an ETWC activity.

I further understand that ETWC carries no insurance for the protection of participants in whitewater activities, and any insurance coverage existing with respect to ETWC shall not alter the terms of this waiver nor impose any liability on ETWC.

This waiver applies only to acts or omissions of ordinary negligence and to any deliberate act intended to promote my safety or well being.

This waiver is signed by me in the interest of permitting ETWC to exist and to serve the paddling community, and to enable me and my fellow paddlers to feel free to donate their services to improving the sport and to help in training those less skilled in the sport without fear of liability.

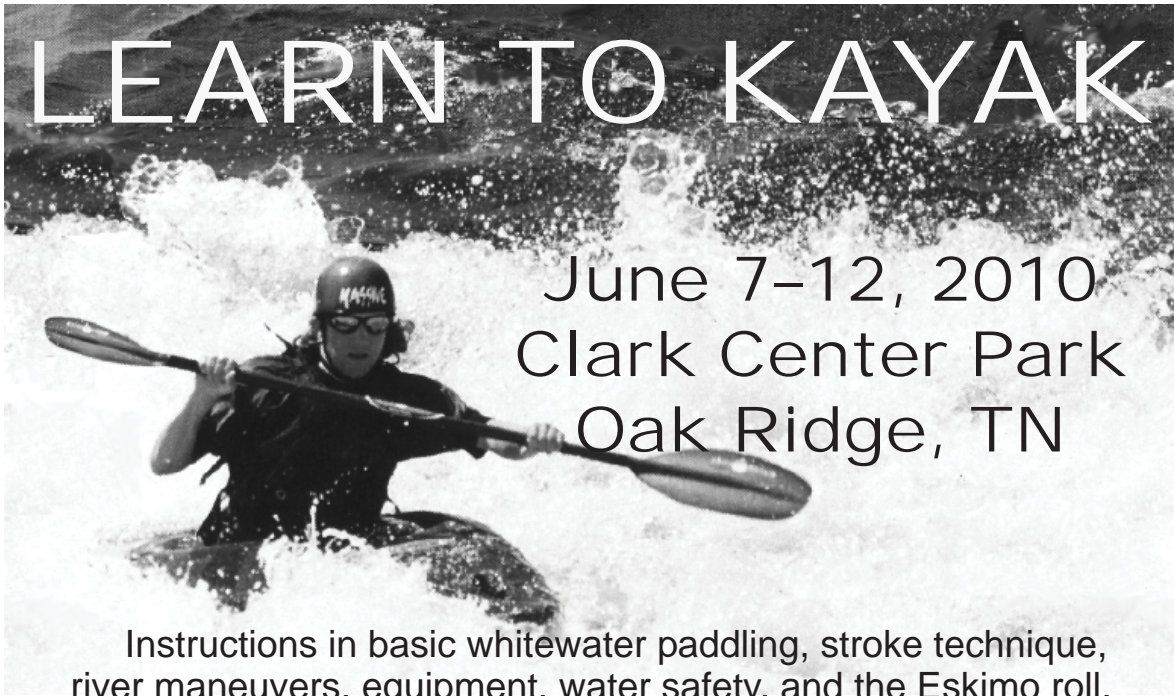
I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND I SIGN IT OF MY OWN FREE WILL.

Signature: _____ Date: _____

Signature: _____ Date: _____

(Parent or guardian if participant is under 18 years of age)

LEARN TO KAYAK



June 7-12, 2010
Clark Center Park
Oak Ridge, TN

Instructions in basic whitewater paddling, stroke technique, river maneuvers, equipment, water safety, and the Eskimo roll.

6:00 p.m. 'til dark during the week,
plus a river trip on Saturday.

Instruction Fee: \$60.00

East Tennessee Whitewater Club

Class size limited / Pre-registration required

For clinic information call: Kathy Evans, (865) 482-0557 or e-mail: evanskl@comcast.net
(Please include East Tennessee Whitewater in the Subject Line to avoid the spam filter.)

See our website at: <http://www.etwcweb.com>

----- Pre-registration form/waiver, cut here -----

Mail form, signed waiver, and instruction fee to: **Kathy Evans, 949 W. Outer Drive, Oak Ridge, TN 37830**

Pre-registration forms must be received by May 28, 2010.

KAYAK CLINIC REGISTRATION FORM

Please Print

Name _____

Address _____

Zip _____

Phone: Home _____ Work _____

Email _____

List any boating or whitewater experience you have. _____

Do you need equipment? (circle) Yes No

Age _____ Height _____ Weight _____

EAST TENNESSEE WHITEWATER CLUB BEGINNER KAYAK CLINIC

COURSE DESCRIPTION

The East Tennessee Whitewater Club offers an intensive one-week course for beginner kayakers. The purpose of the clinic is to teach basic whitewater techniques and safety. Whitewater experience is not required but individuals should be comfortable in water and able to swim.

DATES: Monday, June 7 through Saturday, June 12, 2010

HOURS, MEETING PLACES, AND ACTIVITIES:

MONDAY: 6:00 P.M. until 9:00 P.M.

Social Room, Oak Ridge Civic Center, Oak Ridge Turnpike, Oak Ridge, TN.
Registration, whitewater orientation, safety, instructional video, and skills checklist.
IMPORTANT: Bring boats and equipment for fitting adjustments and inspection.

TUESDAY, WEDNESDAY, and FRIDAY: 6:00 P.M. until dark

Clark Center (Carbide) Park swimming area.
Personal in-the-water instruction on kayaking techniques, including paddling strokes, Eskimo rescues and Eskimo rolls.

THURSDAY: 6:00 P.M. until dark

Meet at the Civic Center parking lot for trip to Nemo Bridge on the Emory River (water level permitting) for introduction to moving water.

SATURDAY: River trip location, meeting place and time to be announced Friday.
Supervised trip on local whitewater river and party afterwards.

FEES: The cost of the clinic is \$60 (Includes 6-month club membership).

EQUIPMENT: Each student is responsible for furnishing all of their own equipment. Required equipment is: kayak with flotation, spray skirt, life vest, paddle, and helmet. Nose clips are recommended.

Some equipment may be available from the club on a first come basis with a \$15 use fee and a \$40 deposit. Note: Please write a separate check for the deposit.

REGISTRATION: Pre-registration required, class size limited.

For information: Call Kathy Evans, (865) 482-0557 or e-mail: evanskl@comcast.net (Please include East Tennessee Whitewater in the Subject Line to avoid the spam filter.)

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I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND I SIGN IT OF MY OWN FREE WILL.

Signature: _____

Date: _____