



**December, 2012**

Our Aims

**PROMOTE** canoeing and kayaking as a water sport  
**TEACH** boating techniques and water safety for river travel  
**PRESERVE** our remaining wilderness rivers for future generations

## **ETWC Annual Christmas Party**

**6:30 p.m.**

**Saturday, December 15, 2011**

**Sam Suffern's home at 126 Everest Circle**

*The club will provide drinks (alcoholic and non)  
and the main course (ham and turkey).*

*Attendees should bring a side dish.*

*If you want to participate in the traditional Chinese Gift Exchange,  
bring a small wrapped gift (valued around \$20)*

For those of you unfamiliar with the location of Sam's home, directions follow.

From Knoxville:

Take Rt 62 into Oak Ridge. At the Y-12 Federal Credit Union take a right onto Lafayette Avenue. Once on Lafayette Avenue go to the fourth traffic light, this should be the Oak Ridge Turnpike. Go right onto the Oak Ridge Turnpike. Travel past the Sonic and through the red light at Fairbanks Road. The Oak Ridge Veterinary Clinic will be on the right take the next left at the former Mattress Outlet Store (now closed). Travel a short block to a tee in the road. Turn right onto California Avenue, at the intersection with Delaware Avenue bare right; staying on California Avenue. Go to the top of the hill (approximately 1.1 miles). Take a right on East Drive, travel 300 yards and turn left onto Everest Circle. Sam's house is the second house on the left.

In case these directions don't work for you give Sam a call (483-4800), and he will talk you in. See you Saturday.

## -OFFICERS FOR 2012-

<b>President</b>	Rick Zingg	865-675-4184	<a href="mailto:zinggds@gmail.com">zinggds@gmail.com</a>
<b>Vice President</b>	Paul Wolf	865-789-2826	<a href="mailto:pwolf421@gmail.com">pwolf421@gmail.com</a>
<b>Secretary</b>	Jimmy Groton	865-483-5799	<a href="mailto:groton87@comcast.net">groton87@comcast.net</a>
<b>Treasurer</b>	Kary Scarborough	865-483-7525	<a href="mailto:Fcscarbo@bechtel.com">Fcscarbo@bechtel.com</a>
<b>Newsletter</b>	Bill Lewis	865-777-5276	<a href="mailto:wclewis@tds.net">wclewis@tds.net</a>
<b>Roll Practice</b>	Jason Darby	865-482-7357	<a href="mailto:wepaddle@bellsouth.net">wepaddle@bellsouth.net</a>
<b>Trip Coordinator</b>	Ken Schneider	865-671-0673	<a href="mailto:ken48work@yahoo.com">ken48work@yahoo.com</a>
<b>Membership</b>	Bill Wilder	865-483-1542	<a href="mailto:w_wilder08@comcast.net">w_wilder08@comcast.net</a>
<b>Conservation</b>	John Wisinger	865-851-9087	<a href="mailto:john.wisinger@gmail.com">john.wisinger@gmail.com</a>
<b>Safety</b>	Jay Wright	931-265-9503	<a href="mailto:jwright0627@yahoo.com">jwright0627@yahoo.com</a>
<b>Kayak Clinic</b>	Josh Gollhofer	865-223-3833	<a href="mailto:surf.the.smokys@gmail.com">surf.the.smokys@gmail.com</a>
<b>Webmaster</b>	Woody Austin	865-483-3049	<a href="mailto:rapidsnow@gmail.com">rapidsnow@gmail.com</a>

### Please keep your dues up to date!

If you want to pay online via PayPal, fill out the form at:  
[http://www.etcweb.com/concrete/membership/online\\_form](http://www.etcweb.com/concrete/membership/online_form)  
 Or, send Kary your \$15 check payable to ETWC along with the membership form at the end of this newsletter to:

**ETWC**  
**P.O. Box 5774**  
**Oak Ridge, TN 37831-5774**

### NEWSLETTER DEADLINE – 7<sup>TH</sup> OF EACH MONTH

Newsletter Editor: Bill Lewis  
 Phone: 865-777-5276      Email: [wclewis@tds.net](mailto:wclewis@tds.net)  
 Photos in jpeg, gif, or bmp format.  
 Reports and Classifieds as a Word or Text File Document.  
 Newsletter is available in PDF Format-contact the editor for information.  
 Check out our website at <http://www.etcweb.com>

### River Gauges by Telephone

(800) 261-5033 – <b>Big South Fork</b>	(865) 632-2264 – <b>TVA Lake and Rivers Gauge</b>
(800) 899-4435 – <b>Big Pigeon</b>	(Knoxville)
(800) 232-7238 – <b>Chattooga River</b>	(865) 751-2264 - <b>TVA Lake and Rivers Gauge</b>
(800) 829-5253 – <b>Green River</b>	(Chattanooga)
(800) 238-2264 - <b>TVA Lake and Rivers Gauge</b> (Out of Town)	

### **Teresa Gryder and health info.**

Teresa Gryder has set up her practice in Portland and has started sending out a monthly(ish) email newsletter and this month's topic is tendon"itis" (osis) which seems to be of particular interest among my boating buddies here. If anybody is having chronic elbow or shoulder trouble and wants to hear a little about naturopathic approaches to such ailments, they can sign up to get the newsletter at <http://naturopathic.weebly.com/newsletter.html>.

### **2013 Club Officers**

Call Rick Zingg with any nominations for club officers who will be voted on at the Christmas Party.

### **Winter Roll Practice Friday Nights, Oak Ridge Civic Center**



Ok its winter, and its cold outside. However, for those of us who would like to work on those skills in warm water we are again fortunate to have the Oak Ridge Civic Center pool available for our use on Friday nights. Roll practice begins at 8:30pm and we end by 10pm. Whether you are a beginner just trying to learn to roll or find a boat, or an expert working on your playboat tricks, there's usually someone there to work with.

### **The ETWC Forum**

Interesting discussions on winter paddling and some good deals on equipment!

New users read and register at:

<http://etwcweb.com/discuss/index.php?mode=thread&id=1>

**EAST TENNESSEE WHITEWATER CLUB  
MEMBERSHIP & RENEWAL FORM**

Dues: \$15.00 Yearly Family Membership (*January 1 renewal date*)  
Send to: East Tennessee Whitewater Club, P.O. Box 5774, Oak Ridge, TN 37831-5774

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Zip \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ Email \_\_\_\_\_

I would like to receive my newsletter by email. (circle) Yes No

Membership Status? (circle) New Renewal

What boats do you paddle? (circle) Kayak C-1 C-2 Solo Canoe Tandem Canoe Other

What is your paddling ability? (circle) Beginner Intermediate Advanced Expert  
Class I-II Class III Class IV Class V

**RELEASE AND WAIVER OF LIABILITY**

I, \_\_\_\_\_, desiring to join my fellow paddlers in the East Tennessee Whitewater Club (ETWC), do hereby declare that I fully understand and accept the following facts of life on the river:

1. Canoeing, kayaking, or rafting, particularly on whitewater rivers, exposes the participants to various safety hazards, including but not limited to, water hazards (boulders, undercut rocks, trees, strainers, water formations such as water falls, holes, keepers, hydraulics, and other obstacles), swimming in turbulent water, using paddling equipment, accidents or illness in remote places without medical facilities, and travel in a vehicle not driven by me.

2. No one but I am responsible for my safety when I choose to paddle a particular river or a particular rapid.

3. I further understand that I have no legal duty to assist others, nor does anyone else have a legal duty to render such assistance to me. I certify that I am in good physical condition, that I can swim, and that I have no physical defects or injuries that would prevent me from participating in this activity. I fully understand and agree that, when I participate in canoeing, kayaking, or rafting, there is always the possibility of unknown, uncontrollable dangers and accidental or other physical injury and death. I know I can be killed, and I willingly assume the risks referred to in Paragraph 1 and elsewhere in this release.

Therefore, in consideration for granting me the right to join and participate in ETWC activities, and intending to be legally bound, I hereby release, waive and discharge my right to sue ETWC, its trip coordinators, instructors, leaders, officers, directors, representatives, agents, employees, and affiliates, and also any landowner or governmental unit which may allow ETWC to use its property, for any and all loss or damage on account of injury to my person or property or on account of my death, which may occur during, in preparation for, or in transit to or from an ETWC activity.

I further understand that ETWC carries no insurance for the protection of participants in whitewater activities, and any insurance coverage existing with respect to ETWC shall not alter the terms of this waiver nor impose any liability on ETWC.

This waiver applies only to acts or omissions of ordinary negligence and to any deliberate act intended to promote my safety or well being.

This waiver is signed by me in the interest of permitting ETWC to exist and to serve the paddling community, and to enable me and my fellow paddlers to feel free to donate their services to improving the sport and to help in training those less skilled in the sport without fear of liability.

I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND I SIGN IT OF MY OWN FREE WILL.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**(Parent or guardian if participant is under 18 years of age)**