



**May, 2009**

Our Aims

**PROMOTE** canoeing and kayaking as a water sport  
**TEACH** boating techniques and water safety for river travel  
**PRESERVE** our remaining wilderness rivers for future generations

**Tom Perry will describe his 75 day,  
4452 mile, solo, self-contained bike  
ride across America.**

**The Craft Room**

**Oak Ridge Civic Center**

**Tuesday  
May 19, 2009  
7:30 pm**

**East Tennessee Whitewater Club**  
Post Office Box 5774  
Oak Ridge, TN 37831-5774

## -OFFICERS FOR 2008-

<b>President</b>	Phil Austin	865-483-3049	<a href="mailto:psuedolake@yahoo.com">psuedolake@yahoo.com</a>
<b>Vice President</b>	Tom Lessick	865-376-2132	<a href="mailto:thomaslessick@comcast.net">thomaslessick@comcast.net</a>
<b>Secretary</b>	Ariana Beste	865-228-3819	<a href="mailto:bestea@ornl.gov">bestea@ornl.gov</a>
<b>Treasurer</b>	Kary Scarborough	865-483-7525	<a href="mailto:Fcscarbo@bechtel.com">Fcscarbo@bechtel.com</a>
<b>Newsletter</b>	Derrick Zingg	865-675-4184	<a href="mailto:zinggds@gmail.com">zinggds@gmail.com</a>
<b>Trip Planner</b>			
<b>Membership</b>	Bill Wilder	865-483-1542	<a href="mailto:w_wilder08@comcast.com">w_wilder08@comcast.com</a>
<b>Conservation</b>	Susan Rishell	865-482-0175	<a href="mailto:susanrishell@yahoo.com">susanrishell@yahoo.com</a>
<b>Safety</b>	Tris West	865-670-6647	<a href="mailto:tristram@knology.net">tristram@knology.net</a>
<b>Kayak Clinic</b>	David Fox	865-483-5914	<a href="mailto:oakridgefox@aol.com">oakridgefox@aol.com</a>
<b>Webmaster</b>	Woody Austin	865-483-3049	<a href="mailto:rapidsnow@gmail.com">rapidsnow@gmail.com</a>

### !!!! Renew Your Club Membership Now !!!!

#### East Tennessee Whitewater Club Membership Renewal for 2009

Dues are \$15 per year for family membership. Our dues year is the calendar year, Jan 1 to Dec 31. Please renew early in the year.

Send the membership form on the back of the newsletter with a check (payable to ETWC) to:

**ETWC P.O. Box 5774 Oak Ridge, TN 37831-5774**

#### NEWSLETTER DEADLINE – 7<sup>TH</sup> OF EACH MONTH

Newsletter Editor: Derrick Zingg

Phone: 865-675-4184      Email: zinggds@gmail.com

Photos in jpeg, gif, or bmp format.

Reports and Classifieds as a Word or Text File Document.

Newsletter is available in PDF Format-contact the editor for information.

Check out our website at <http://www.etwcweb.com>

#### River Gauges by Telephone

(800) 261-5033 – **Big South Fork**

(800) 899-4435 – **Big Pigeon**

(800) 232-7238 – **Chattooga River**

(800) 829-5253 – **Green River**

(900) 288-8732 – **Tellico and Little River  
theSmokies\***

(865) 632-2264 – **TVA Lake and Rivers Gauge  
(Knoxville)**

(865) 751-2264 - **TVA Lake and Rivers Gauge  
(Chattanooga)**

(800) 238-2264 - **TVA Lake and Rivers Gauge  
(Out of Town)**

\*NOTE: For this call there is a \$2.00 charge that helps support the continued operation of the gauges.

## **Presentation**

At the May 19 meeting, Tom Perry will describe his 4452-mile solo, self-contained bike ride across America during 75 days last summer. Flying into Portland, Oregon on Memorial Day, Tom first biked northwest to Astoria to dip the rear wheel of the bike in the Pacific Ocean before heading down the coast and then across the country, ending in Yorktown, Virginia. From Missoula, Montana to Pueblo, Colorado, Tom biked 1000 miles along the Continental Divide and saw some of the most beautiful and rugged places in the country. People, rivers, mountains, food, and adventure were part of his every day experiences. See his images and hear about the adventure on May 19.

## **Upcoming Meeting**

The May meeting is the last meeting prior to the upcoming clinic. There will be considerable discussion concerning the clinic details. If you want to participate in the planning of the clinic please try to attend this meeting. Your opinion is important.

## **Last Meeting Minutes**

### **Business:**

Treasury report: checking \$940.86; savings \$5,692.93.

The club's bylaws are in the process of being updated

ETWC will participate in Earth Day in Oak Ridge on April 25<sup>th</sup>. A booth will be staffed from 11:00 A.M. till 6:00 P.M. (setup at 10:00 A.M.). Rick Zingg is the main coordinator and is asking for help.

The club would like to publish an article in the Oak Ridger on Eli and Zack Darby to interest others of their age group in paddling and to promote this year's clinic.

Clinic sign up sheet is now available. Contact David Fox ([oakridgefox@aol.com](mailto:oakridgefox@aol.com)) if you are interested in teaching or have boats and/or gear you can lend.

There was a discussion regarding the location of the post-clinic party. The majority of those in attendance favored having the party at the river (most likely Hiwassee). David Fox will find out if space is available. The decision on the location of the party will be made at the next club meeting.

### **Program:**

David Luinstra gave a presentation on his most recent Grand Canyon trip.

## **Upcoming Events**

**May 23**     **Obed Wild and Scenic River Clean-up.** Most of us make extensive use of this resource. Plan now to give a little back. Meet at the Wartburg Ranger Station at 9:00 AM (Eastern Time). Dress appropriately; bring a pair of gloves and the willingness to donate 2.5 – 3 hours to a worthy cause. As always, the National Park Service will provide lunch.

**June 1-6**

**The annual ETWC Kayaking clinic.** An application is attached. Please distribute copies to any interested individuals. Also, help publicize the clinic by posting copies on bulletin boards. As already stated, your opinion regarding how the clinic is conducted is important and as such, please try to attend the May 19 meeting. Finally, contact David Fox ([oakridgefox@aol.com](mailto:oakridgefox@aol.com)) if you have extra equipment which you are willing to donate to the cause.

**EAST TENNESSEE WHITEWATER CLUB  
MEMBERSHIP & RENEWAL FORM**

Dues: \$15.00 Yearly Family Membership (*January 1 renewal date*)  
Send to: East Tennessee Whitewater Club, P.O. Box 5774, Oak Ridge, TN 37831-5774

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ Email \_\_\_\_\_

I would like to receive my newsletter by email. (circle) Yes No

Membership Status? (circle) New Renewal

What boats do you paddle? (circle) Kayak C-1 C-2 Solo Canoe Tandem Canoe Other

What is your paddling ability? (circle) Beginner Intermediate Advanced Expert  
Class I-II Class III Class IV Class V

**RELEASE AND WAIVER OF LIABILITY**

I, \_\_\_\_\_, desiring to join my fellow paddlers in the East Tennessee Whitewater Club (ETWC), do hereby declare that I fully understand and accept the following facts of life on the river:

1. Canoeing, kayaking, or rafting, particularly on whitewater rivers, exposes the participants to various safety hazards, including but not limited to, water hazards (boulders, undercut rocks, trees, strainers, water formations such as water falls, holes, keepers, hydraulics, and other obstacles), swimming in turbulent water, using paddling equipment, accidents or illness in remote places without medical facilities, and travel in a vehicle not driven by me.

2. No one but I am responsible for my safety when I choose to paddle a particular river or a particular rapid.

3. I further understand that I have no legal duty to assist others, nor does anyone else have a legal duty to render such assistance to me. I certify that I am in good physical condition, that I can swim, and that I have no physical defects or injuries that would prevent me from participating in this activity. I fully understand and agree that, when I participate in canoeing, kayaking, or rafting, there is always the possibility of unknown, uncontrollable dangers and accidental or other physical injury and death. I know I can be killed, and I willingly assume the risks referred to in Paragraph 1 and elsewhere in this release.

Therefore, in consideration for granting me the right to join and participate in ETWC activities, and intending to be legally bound, I hereby release, waive and discharge my right to sue ETWC, its trip coordinators, instructors, leaders, officers, directors, representatives, agents, employees, and affiliates, and also any landowner or governmental unit which may allow ETWC to use its property, for any and all loss or damage on account of injury to my person or property or on account of my death, which may occur during, in preparation for, or in transit to or from an ETWC activity.

I further understand that ETWC carries no insurance for the protection of participants in whitewater activities, and any insurance coverage existing with respect to ETWC shall not alter the terms of this waiver nor impose any liability on ETWC.

This waiver applies only to acts or omissions of ordinary negligence and to any deliberate act intended to promote my safety or well being.

This waiver is signed by me in the interest of permitting ETWC to exist and to serve the paddling community, and to enable me and my fellow paddlers to feel free to donate their services to improving the sport and to help in training those less skilled in the sport without fear of liability.

I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND I SIGN IT OF MY OWN FREE WILL.

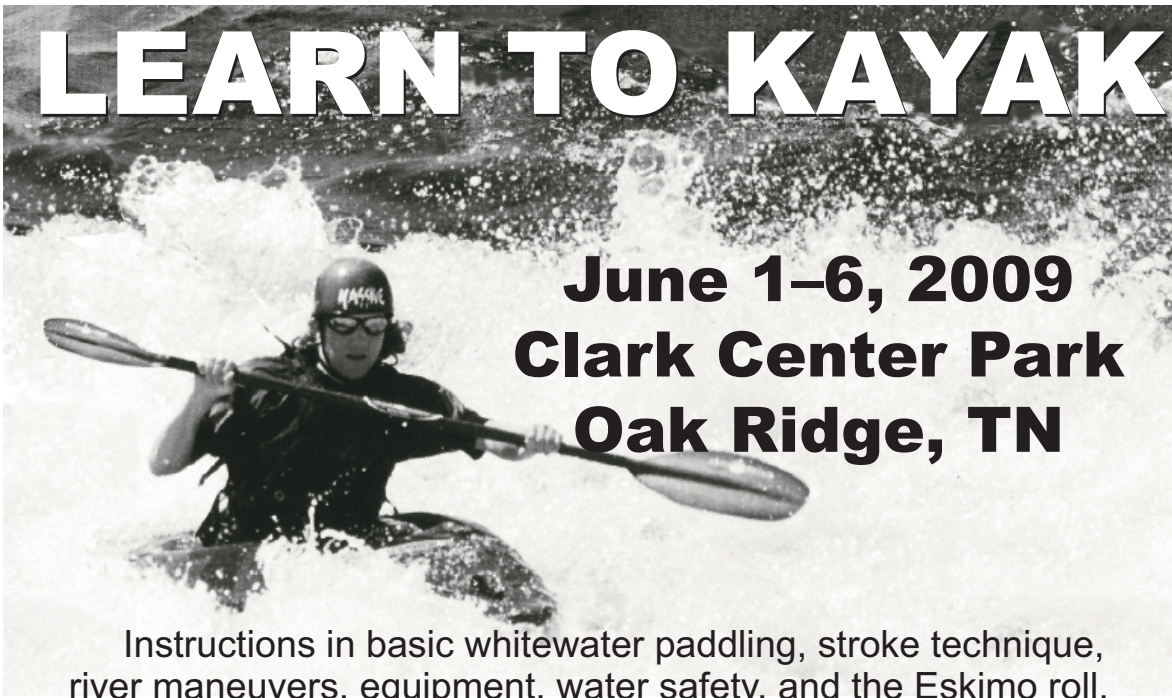
Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

(Parent or guardian if participant is under 18 years of age)



# LEARN TO KAYAK

**June 1-6, 2009  
Clark Center Park  
Oak Ridge, TN**

Instructions in basic whitewater paddling, stroke technique, river maneuvers, equipment, water safety, and the Eskimo roll.

6:00 p.m. 'til dark during the week,  
plus a river trip on Saturday.

Instruction Fee: \$60.00

## East Tennessee Whitewater Club

Class size limited / Pre-registration required

For clinic information call: David Fox, (865) 483-5914 or e-mail: oakridgefox@aol.com

See our website at: <http://www.etwcweb.com>

----- *Pre-registration form/waiver, cut here* -----

Mail form, signed waiver, and instruction fee to: **David Fox, 111 West Lincoln Drive, Oak Ridge, TN 37830**

*Pre-registration forms must be received by May 25, 2009.*

### **KAYAK CLINIC REGISTRATION FORM**

Minimum age is 12. Children under 16 years old must be accompanied by an adult.

*Please Print*

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_

Email \_\_\_\_\_

List any boating or whitewater experience you have. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you need equipment? (circle)    Yes    No

Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

EAST TENNESSEE WHITEWATER CLUB  
**BEGINNER KAYAK CLINIC**

**COURSE DESCRIPTION**

The East Tennessee Whitewater Club offers an intensive one-week course for beginner kayakers. The purpose of the clinic is to teach basic whitewater techniques and safety. Whitewater experience is not required but individuals should be comfortable in water and able to swim.

**DATES:** Monday, June 1 through Saturday, June 6, 2009

**HOURS, MEETING PLACES, AND ACTIVITIES:**

**MONDAY:** 6:00 P.M. until 9:00 P.M.

Social Room, Oak Ridge Civic Center, Oak Ridge Turnpike, Oak Ridge, TN.  
Registration, whitewater orientation, safety, instructional video, and skills checklist.  
IMPORTANT: Bring boats and equipment for fitting adjustments and inspection.

**TUESDAY, WEDNESDAY, and FRIDAY:** 6:00 P.M. until dark

Clark Center (Carbide) Park swimming area.  
Personal in-the-water instruction on kayaking techniques, including paddling strokes, Eskimo rescues and Eskimo rolls.

**THURSDAY:** 6:00 P.M. until dark

Meet at the Civic Center parking lot for trip to Nemo Bridge on the Emory River (water level permitting) for introduction to moving water.

**SATURDAY:** River trip location, meeting place and time to be announced Friday.  
Supervised trip on local whitewater river and party afterwards.

**FEES:** The cost of the clinic is \$60 (Includes 6-month club membership).

**EQUIPMENT:** Each student is responsible for furnishing all of their own equipment. Required equipment is: kayak with flotation, spray skirt, life vest, paddle, and helmet. Nose clips are recommended.

Some equipment may be available from the club on a first come basis with a \$15 use fee and a \$40 deposit. Note: Please write a separate check for the deposit.

**REGISTRATION:** *Pre-registration required, class size limited.*

*For information:* Call David Fox, (865) 483-5914 or e-mail: oakridgefox@aol.com

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2. No one but I am responsible for my safety when I choose to paddle a particular river or a particular rapid.
3. I further understand that I have no legal duty to assist others, nor does anyone else have a legal duty to render such assistance to me. I certify that I am in good physical condition, that I can swim, and that I have no physical defects or injuries that would prevent me from participating in this activity. I fully understand and agree that, when I participate in canoeing, kayaking, or rafting, there is always the possibility of unknown, uncontrollable dangers and accidental or other physical injury and death. I know I can be killed, and I willingly assume the risks referred to in Paragraph 1 and elsewhere in this release.

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This waiver is signed by me in the interest of permitting ETWC to exist and to serve the paddling community, and to enable me and my fellow paddlers to feel free to donate their services to improving the sport and to help in training those less skilled in the sport without fear of liability.

I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND I SIGN IT OF MY OWN FREE WILL.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

(Parent or guardian if participant is under 18 years of age)